

# Newcastle PS School Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 25/04/22 23/05/22 20/06/22	Steak Casserole Crusty bread Fresh Diced Turnip Tossed Salads Mashed Potato  Ice Cream & Fruit	Oven Baked Breaded Chicken Goujons Selection of Dipping Sauces Garden Peas Selection of Salads Mashed Potato  Fresh Fruit Salad & Yoghurt	Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Sliced Carrots Medley of Fresh Vegetables  Carrot Cake & Custard	Roast Loin Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Dry Oven Roast Potatoes Mashed Potato  Grapes or Yoghurt pot	Salmon Fishcake Sweetcorn Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potato  Flakemeal Biscuit, Melon Boat
<b>WEEK 2</b> 02/05/22 30/05/22 27/06/22	Spaghetti Bolognese or Mince Grated Cheese Sliced Crusty Baguettes Broccoli Florets Fresh Baton Carrots Mashed potato  Homemade Rice Pudding & Fruit	Fresh Breaded Cod Goujons with Lemon Slice, Tartar Sauce Baked Beans Tossed salad Mashed Potato  Apple Crumble & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Crunchy Fresh Coleslaw Garden Peas Selection of Salads  Homemade Shortbread & Fruit Pot	Roast Beef, Herb Stuffing, Gravy, Cauliflower Cheese, Fresh Diced Carrot & Parsnip Dry Roast Potato, Mashed Potato  Melon Slice & Yoghurt	Breaded Chicken Goujons or Chicken Baguette Selection of Salads, Salsa Dip Sweetcorn Chips Baked Potato  Jelly & Fruit Salad
<b>WEEK 3</b> 09/05/22 06/06/22	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato or Pasta or Spaghetti Bolognese  Chocolate and Orange Sponge & Fruit	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato  Fruit & Yoghurt	Breast of Chicken Curry with Boiled Rice, Naan Bread French Green beans Tossed salad  Flakemeal Biscuit & Mandarin orange	Roast Gammon Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Dry Oven Roast Potatoes Mashed Potato  Crackers, Cheese or Yoghurt	Hotdog, Sauté Onions Or Chicken Fajita Carrot and Cucumber sticks With Homemade Garlic Dip Peas Chips or Baby Boiled Potatoes  Raspberry Ripple Ice Cream & Fresh Fruit Salad
<b>WEEK 4</b> 16/05/22 13/06/22	Fresh Breaded Cod Fillets Lemon Slice and Tartar Sauce, Baked Beans Carrot and Cucumber Sticks Mashed Potato  Flakemeal Biscuit & Fruit	Mince Broccoli Florets Sweetcorn Mash Or Chicken fajita  Homemade Wheaten Bread  Strawberry Mousse & Fresh Fruit Salad	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Stir fry vegetables  Lemon Sponge & Fruit	Roast Chicken Herb Stuffing, Gravy Cauliflower with Cheese Sauce Fresh Baton Carrots Dry Oven Roast Potatoes Mashed Potato  Yoghurt or Fruit	Homemade Marguerita Pizza Crunchy Fresh Coleslaw Tossed salad Pasta Salad Baked Potato Chips  Artic Roll & Fruit

**Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily**

**Selection of fresh Salads available daily**

**If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form**

