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|  | **Newcastle PS School Lunch Menu**  **Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)  **Friday** |
| **WEEK 1**  **03/01/22**  **31/01/22**  **28/02/22**  **28/03/22** | Steak Casserole  Crusty bread  Fresh Diced Turnip  Tossed Salads  Mashed Potato  Ice Cream & Fruit | Oven Baked Breaded Chicken Goujons  Selection of Dipping Sauces  Garden Peas  Selection of Salads  Mashed Potato  Fresh Fruit Salad & Yoghurt | Breast of Chicken Curry  with Boiled Rice, Naan Bread  Fresh Sliced Carrots  Medley of Fresh Vegetables  Carrot Cake & Custard | Roast Loin Pork  Apple Sauce  Herb Stuffing, Gravy  Fresh Baton Carrots  Broccoli Florets  Dry Oven Roast Potatoes  Mashed Potato  Grapes or Yoghurt pot | Salmon Fishcake  Sweetcorn  Crunchy Coleslaw  Pasta Salad, Tossed Salad  Chips  Chilli Baby Boiled Potato  Flakemeal Biscuit, Melon Boat |
| **WEEK 2**  **10/01/22**  **07/02/22**  **07/03/22**  **04/04/22** | Spaghetti Bolognaise or Mince  Grated Cheese  Sliced Crusty Baguettes  Broccoli Florets  Fresh Baton Carrots  Mashed potato  Homemade Rice Pudding & Fruit | Fresh Breaded Cod Goujons with Lemon Slice, Tartar Sauce  Baked Beans  Tossed salad  Mashed Potato  Apple Crumble & Custard | Breast of Chicken Curry  with Boiled Rice, Naan Bread  Crunchy Fresh Coleslaw  Garden Peas  Selection of Salads  Homemade Shortbread & Fruit Pot | Roast Beef, Herb Stuffing, Gravy,  Cauliflower Cheese, Fresh Diced Carrot & Parsnip  Dry Roast Potato, Mashed Potato  Melon Slice & Yoghurt | Breaded Chicken Goujons or Chicken Baguette  Selection of Salads, Salsa Dip  Sweetcorn  Chips  Baked Potato  Jelly & Fruit Salad |
| **WEEK 3**  **17/01/22**  **14/02/22**  **14/03/22**  **11/04/22** | Savoury Mince & Onion  Fresh Baton Carrots  Broccoli Florets  Mashed Potato or Pasta or  Spaghetti Bolognaise  Chocolate and Orange Sponge & Fruit | Breaded Cod Fish Fingers  Baked Beans  Sweetcorn  Mashed Potato  Fruit & Yoghurt | Breast of Chicken Curry  with Boiled Rice, Naan Bread  French Green beans  Tossed salad  Flakemeal Biscuit & Mandarin orange | Roast Gammon  Herb Stuffing  Cranberry Sauce, Gravy  Fresh Carrot & Parsnip  Fresh Savoy Cabbage  Dry Oven Roast Potatoes  Mashed Potato    Crackers, Cheese or Yoghurt | Hotdog, Sauté Onions  Or Chicken Fajita  Carrot and Cucumber sticks  With Homemade Garlic Dip  Peas  Chips or Baby Boiled Potatoes  Raspberry Ripple Ice Cream & Fresh Fruit Salad |
| **WEEK 4**  **24/01/22**  **21/02/22**  **21/03/22**  **18/04/22** | Fresh Breaded Cod Fillets  Lemon Slice and Tartar Sauce, Baked Beans  Carrot and Cucumber Sticks  Mashed Potato  Flakemeal Biscuit & Fruit | Mince  Broccoli Florets  Sweetcorn  Mash  Or Chicken fajita  Homemade Wheaten Bread  Strawberry Mousse & Fresh Fruit Salad | Breast of Chicken Curry  with Boiled Rice, Naan Bread  Garden Peas  Stir fry vegetables  Lemon Sponge & Fruit | Roast Chicken  Herb Stuffing, Gravy  Cauliflower with Cheese Sauce  Fresh Baton Carrots  Dry Oven Roast Potatoes  Mashed Potato  Yoghurt or Fruit | Homemade Marguerita Pizza  Crunchy Fresh Coleslaw  Tossed salad  Pasta Salad  Baked Potato  Chips  Artic Roll & Fruit |



***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***Selection of fresh Salads available daily***

***Breads***

***Milk, Water***

***Fresh Fruit, Yoghurt***

***Available Daily***