Dear parent,

As you know, here at Newcastle Primary School, we care deeply about our children and have arrangements in place to promote the safety of all our pupils. One of the ways we have chosen to do this is by actively teaching our children about how to keep safe using the NSPCC Keeping Safe programme that is delivered throughout the school. The aim of the programme is to help children develop the knowledge and skills to keep them safe from all forms of abuse and bullying.

This programme will be more effective if you, as parents and carers are well informed, work in partnership with us and take the opportunities that arise to have age appropriate conversations with your children about keeping safe. Each term your child will view a Keeping Safe assembly and will be taught three lessons about keeping safe. Each lesson has been designed for children of different ages and will build on what your child has learned before. Each lesson has a homework activity which will help you talk to your child about what they have been learning.

The NSPCC have talked to parents about the programme and were told that parents would like to know when the lessons are being taught and what the key messages are. I am therefore writing to let you know that this term your child will be learning about **healthy relationships**. As your child is in Primary 6/7 the aims of the lessons are that they:

1. Will understand the problems that can occur with online friendships and understand how online friendships differ from personal friendships.
2. Will be able to identify all types of bullying and reasons for it.
3. Will be able to identify strategies for dealing with bullying.

We appreciate that many of the issues dealt with in the Keeping Safe programme are sensitive but as a school we believe they will help keep our children safe. We hope that the programme will also give you opportunities to talk to your children about keeping safe. **The programme will have a greater impact if we all work together.**

Should you require any other information please don’t hesitate to contact your child’s teacher or myself.

Yours faithfully,

**Mrs Stewart**

kstewart836@c2kni.net

**(Designated Teacher for Child Protection)**